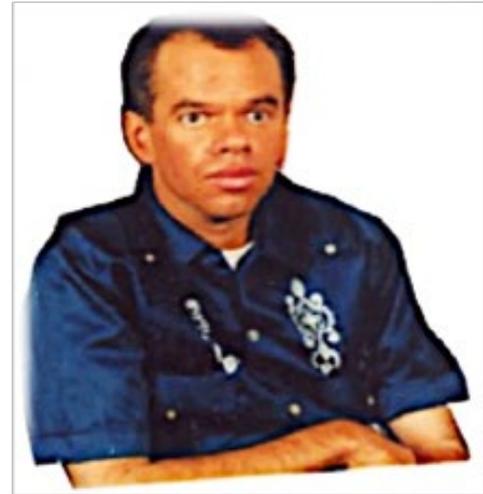


## McNew Memorial Lecturers, 2006 - 2025

- 2006-07 – **Laura Gibson**, U Mass (Worcester) Medical School
- 2007-08 – **Ed Mocarski**, Stanford University (currently, Emory University)
- 2008-09 – **Michael McVoy**, Virginia Commonwealth University Med. School
- 2009-10 – **Pablo Sanchez**, University of Texas/Southwestern University School of Medicine (currently, Nationwide Children's Hospital)
- 2010-11 – **Ravit Arav-Boger**, Johns Hopkins Medical School (currently, Medical College of Wisconsin)
- 2011-12 – **Adam Geballe**, University of Washington Medical School and Fred Hutchinson Cancer Research Center
- 2012-13 – **Mark R. Schleiss**, University of Minnesota Medical School
- 2013-14 – **Felicia Goodrum**, University of Arizona College of Medicine
- 2014-15 – **Sallie Permar**, Duke University School of Medicine (currently, Weill-Cornell School of Medicine)
- 2015-16 – **Albert Park**, University of Utah Medical School
- 2016-17 – **Soren Gantt**, Univ. British Columbia Medical School (currently, Centre Hospitalier Universitaire Sainte-Justine/Université de Montréal)
- 2017-18 – **Jeremy Kamil**, Louisiana State University Medical School
- 2018-19 – **Sheila Dollard**, Centers for Disease Control and Prevention
- 2019-20 – **Emma Mohr**, University of Wisconsin (Madison)
- 2020-21 – **Nico Suarez**, MRC, Glasgow, Scotland
- 2021-22 – **Bill Britt**, University of Alabama-Birmingham
- 2022-23 – **Rana Chakraborty**, Mayo Clinic (currently, Univ. of Miami)
- 2023-24 **Elizabeth Enninga**, Mayo Clinic
- 2024-2025 **Stanley A. Plotkin**, University of Pennsylvania



**Congenital Cytomegalovirus  
Public Health and Policy  
Workshop, 2025**

**Jamie McNew Endowed  
Memorial Lecture in CMV  
Research and Education**

# The Development of Rubella Vaccine

by  
**Stanley Plotkin**



The older I grow, the  
more I distrust the  
familiar doctrine that  
age brings wisdom.

H. L. Mencken

# Evolution of Vaccines Textbook

<b>Edition</b>	<b>Date</b>	<b>Chapters</b>
1	1988	32
2	1994	35
3	1999	59
4	2004	63
5	2008	76
6	2013	78
7	2018	84
8	2024	87

# OPV

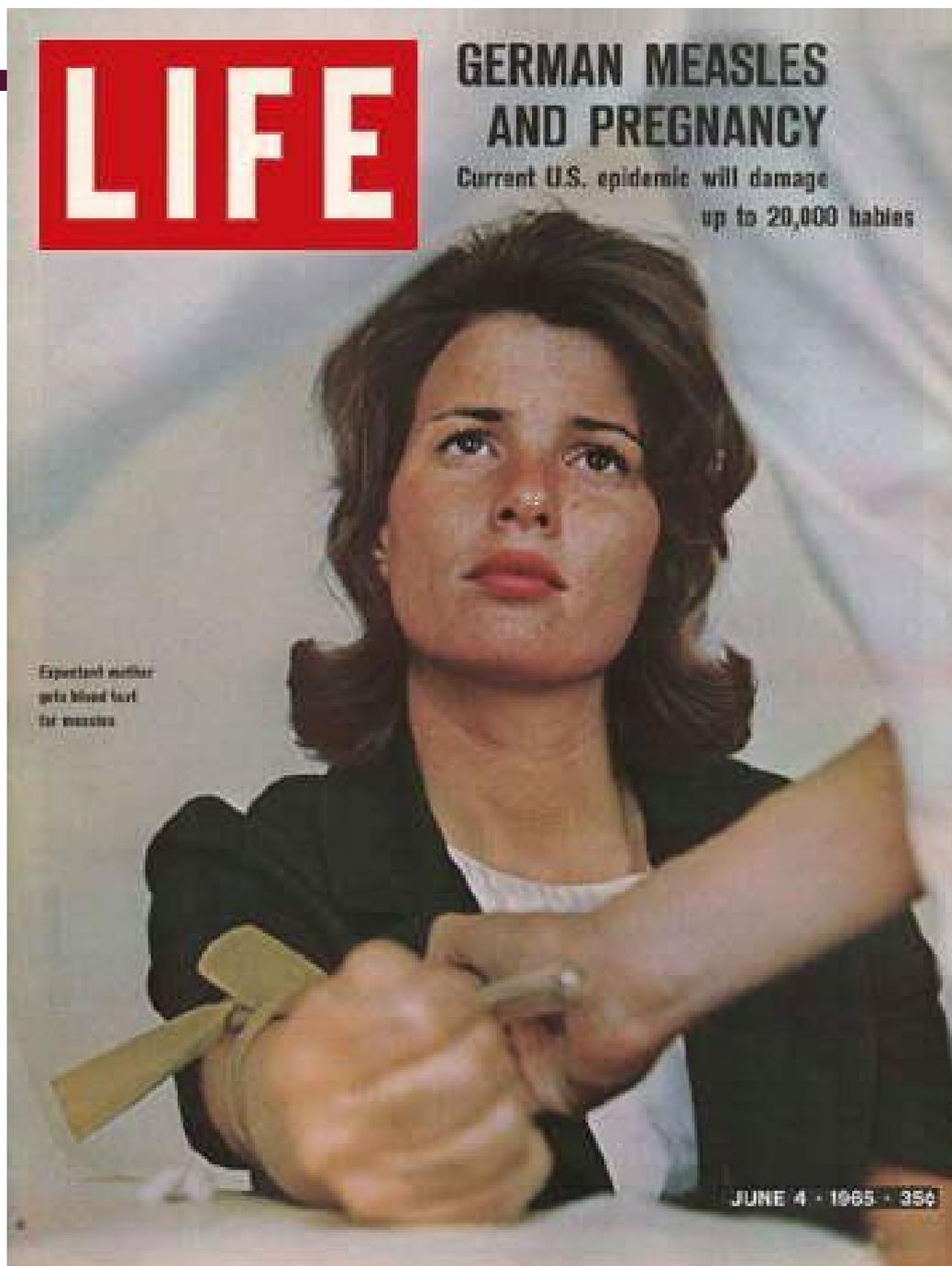


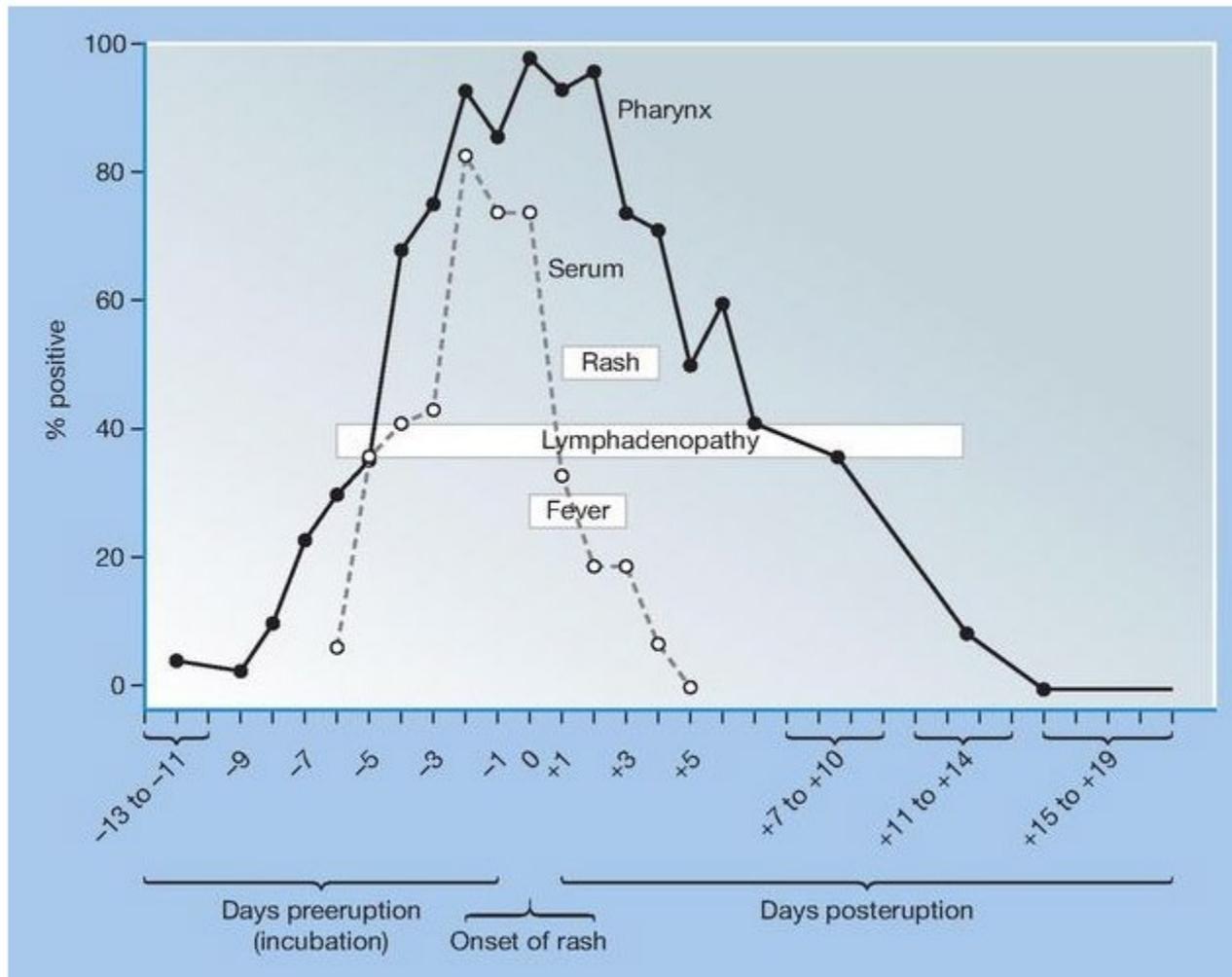
**Hilary Koprowski**

**1916-2013**

First live polio vaccine.

June 4, 1965



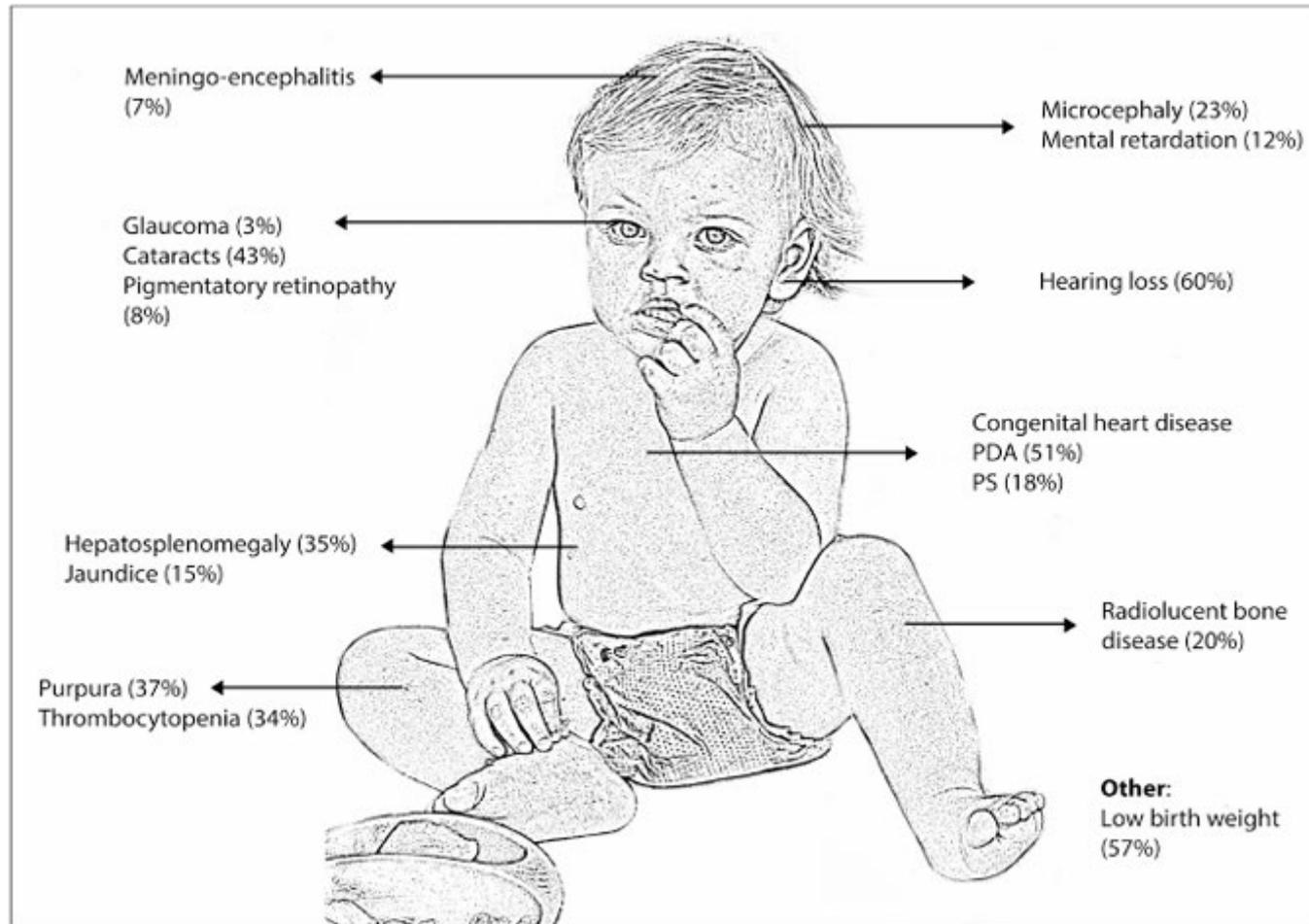


## Blueberry muffin baby



A newborn baby with typical lesions of a blueberry muffin baby.

# Common clinical manifestations of congenital rubella syndrome



## Prominent Clinical Findings in Congenital Rubella Syndrome

Cataracts  
Retinitis  
Microphthalmia  
Glaucoma  
Cochlear deafness  
Central auditory imperception  
Patent ductus arteriosus  
Peripheral pulmonic artery stenosis  
Encephalitis  
Microcephaly  
Mental disability  
Autism  
Intrauterine growth retardation  
Metaphyseal rarefactions  
Hepatosplenomegaly  
Thrombocytopenic purpura  
Interstitial pneumonitis  
Late:  
Diabetes  
Hypothyroidism

**Congenital Rubella Cataract-nuclear  
May be unilateral and/or absent at birth**



# Estimated Morbidity Associated with the 1964 to 1965 Rubella Epidemic in the U.S.

## Clinical Events

Rubella cases	12,500,000
Arthritis-arthralgia	159,375
Encephalitis	2,084

## Deaths

Excess neonatal deaths	2,100
Other deaths	60
Total deaths	2,160
Excess fetal wastage	6,250

## Congenital rubella syndrome

Deaf children	8,055
Deaf-blind children	3,580
Mental retarded children	1,790
Other congenital rubella syndrome	6,575
Total congenital rubella syndrome	20,000
<u>Therapeutic abortions</u>	5,000

**TABLE 54.6** Estimated Morbidity Associated With the 1963–1964 Rubella Epidemic

<b>Clinical Events</b>	<b>Cases</b>
Rubella cases	12,500,000
Arthritis-arthralgia	159,375
Encephalitis	2,084
Deaths	
Excess neonatal deaths	2,100
Other deaths	60
Total deaths	2,160
Excess fetal wastage	6,250
Congenital rubella syndrome	
Deaf children	8,055
Deaf-blind children	3,580
Mentally disabled children	1,790
Other congenital rubella syndrome	6,575
Total congenital rubella syndrome	20,000
Therapeutic abortions	5,000

*From National Communicable Disease Center. Rubella Surveillance. Bethesda, MD: U.S. Department of Health, Education, and Welfare; 1969.*

**TABLE 54.4** Fetal Abnormality Induced by Confirmed Rubella at Various Stages of Pregnancy

Stage of Pregnancy (Week)	United Kingdom Study (% Defective) <sup>a</sup>	United States Study (% Defective) <sup>b</sup>
≤4		70
5–8		40
≤10	90	
11–12	33	
9–12		25
13–14	11	
15–16	24	
13–16		40
≥17	0	8 <sup>a</sup>

<sup>a</sup>Data from Miller E, Cradock-Watson JE, Pollock TM. Consequences of confirmed maternal rubella at successive stages of pregnancy. *Lancet*. 1982;2:781–784.

<sup>b</sup>Data from South MA, Sever JL. Teratogen update: the congenital rubella syndrome. *Teratology*. 1985;31:297–307.

**TABLE 54.2** Age of Gestation at Time of Rubella in Relation to Abnormalities Observed

	Month of Gestation Measured From Last Menstrual Period				
	0 <sup>a</sup>	1	2	3	4
Birth weight <2,500 g	0/1 <sup>b</sup>	9/21	9/21	10/18	0/2
<38 weeks gestation	0/1	5/21	2/21	4/18	0/2
Growth retardation	0/1	7/21	5/20	7/17	0/2
Ocular defects	0/1	14/21	9/21	9/18	0/2
Cardiac defects	0/1	17/21	13/21	6/18	0/2
Deafness	0/1	8/18	10/18	11/17	2/2
Mental retardation	1/1	7/20	7/20	8/16	0/2
Microcephaly	1/1	3/18	2/19	4/17	0/2

<sup>a</sup>Before conception.

<sup>b</sup>Ratio of number of patients with condition to total number for whom information is available.

*From Plotkin SA, Cochran W, Lindquist J, et al. Congenital rubella syndrome in late infancy. JAMA. 1967;200:435-441. Copyright 1967, American Medical Association.*

## Laboratory Diagnosis of Acquired and Congenital Rubella

When Positive			
Test	Specimen	Acquired Rubella	Congenital Rubella
Virus Isolation	Throat, urine, blood	First week of illness	At birth, declining thereafter
RT-PCR	Amniotic fluid, placenta	NA	Throughout pregnancy
IgM antibody	Serum	Up to 2 months post illness	At birth and first year of life
IgG antibody rise	Sera	Fourfold increase between acute and convalescent	NA
Low IgG antibody avidity	Serum	Up to 2 months post illness	At birth and years later
IgG antibody persistence	Serum	NA	Beyond 6 months of age, until exposure to infection or vaccination

IgG, immunoglobulin G; IgM, immunoglobulin M; NA, not applicable; RT-PCR, reverse transcription–polymerase chain reaction.

# What We Learned About Rubella

How to grow virus in large quantity (BHK 21)

Diagnosis of maternal infection

How to isolate virus from fetus

Importance of placental infection

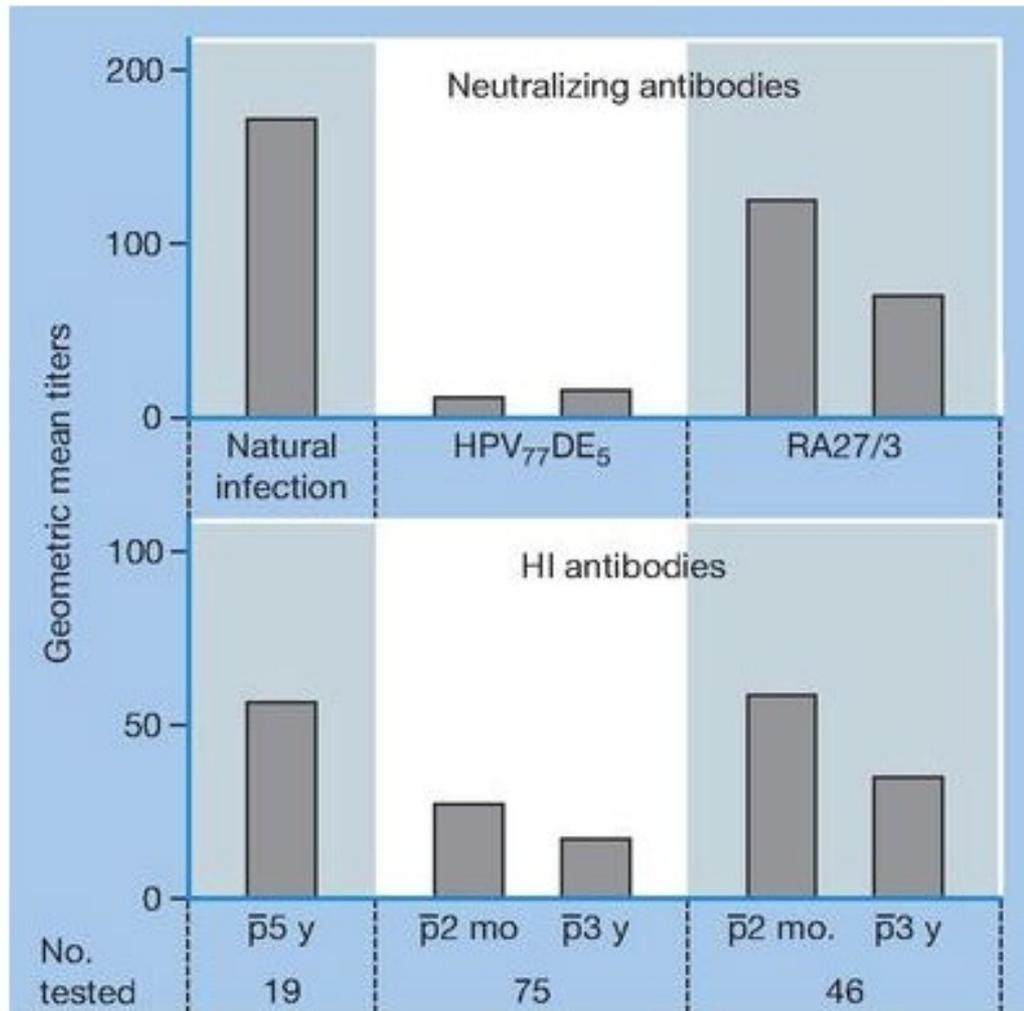
Distribution of virus in fetus

Clinical description of fetal infection

Mechanism of persistent fetal infection

Mitotic inhibition and apoptosis of fetal cells explain pathogenesis

Adaptions of virus to human cell culture



Comparison of neutralizing antibodies and hemagglutination-inhibiting (HI) antibodies in three groups of persons: naturally infected children, children given human papillomavirus 77 duck embryo (HPV<sub>77</sub>DE<sub>5</sub>) vaccine, and children given RA27/3 vaccine. (From Horstmann DM. *Viral vaccines and their ways*. *Rev Infect Dis*.1979;1:502–516.)

**TABLE 54.12** Reinfection<sup>a</sup> of Vaccinees After Virus Challenge

Vaccinees	Previous Vaccine Given	Vaccinees Showing Reinfection	
		Total No.	Percentage
Cendehill	27	18	66.7
HPV-77	30	14	45.7
RA27/3	28	2	7.1

<sup>a</sup>As revealed by a positive booster in at least one of four serologic tests. From Fogel A, Gerichter CB, Barena B, et al. *Response to experimental challenges in persons immunized with different rubella vaccines.* J Pediatr. 1978;92:26–29.

## The Confrontation at NIH in 1969

I must say that despite my great and sincere respect for Dr. Sabin, I think the statements he has made are strictly ex cathedra and without a factual basis.

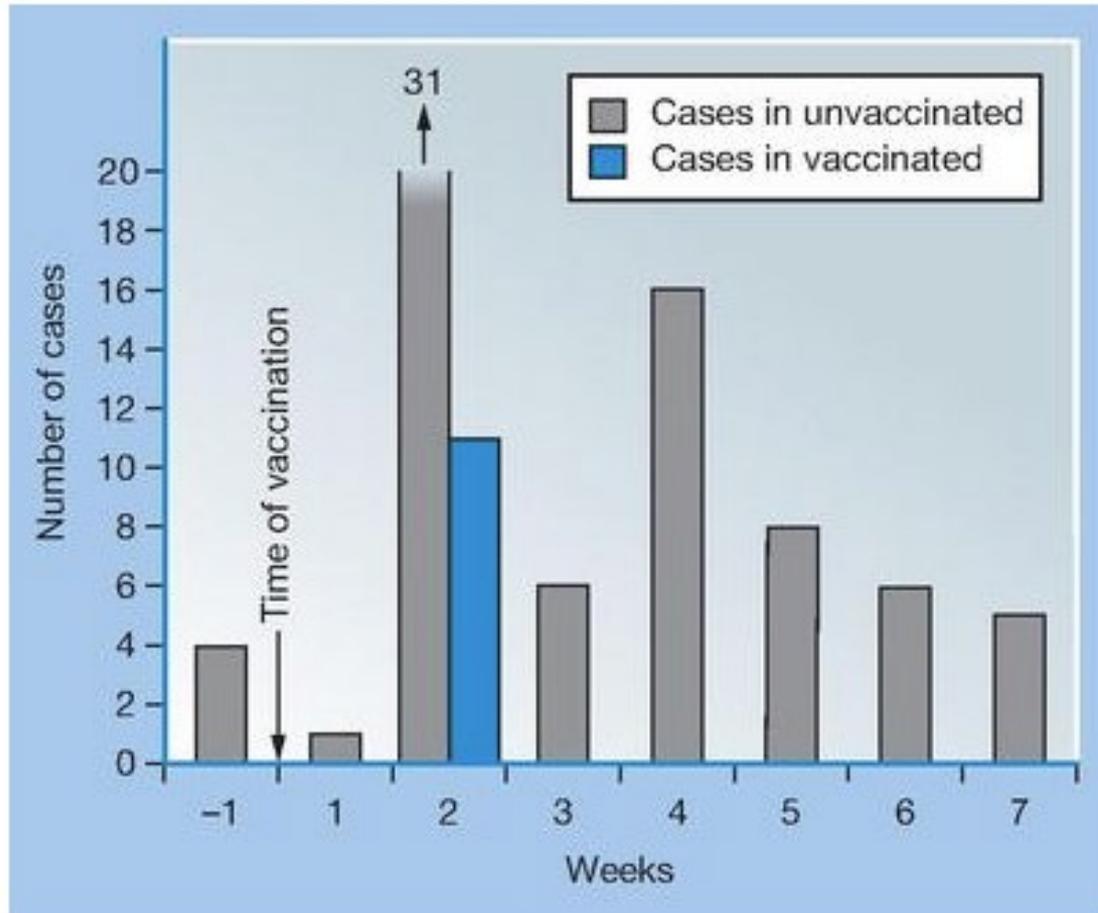
So, my conclusion is that what we are dealing with here is theology, and you see, in theology it is very difficult to disprove the existence of ghosts. But this is not, to my mind, a basis for making intellectual decisions.

*Stanley Plotkin*

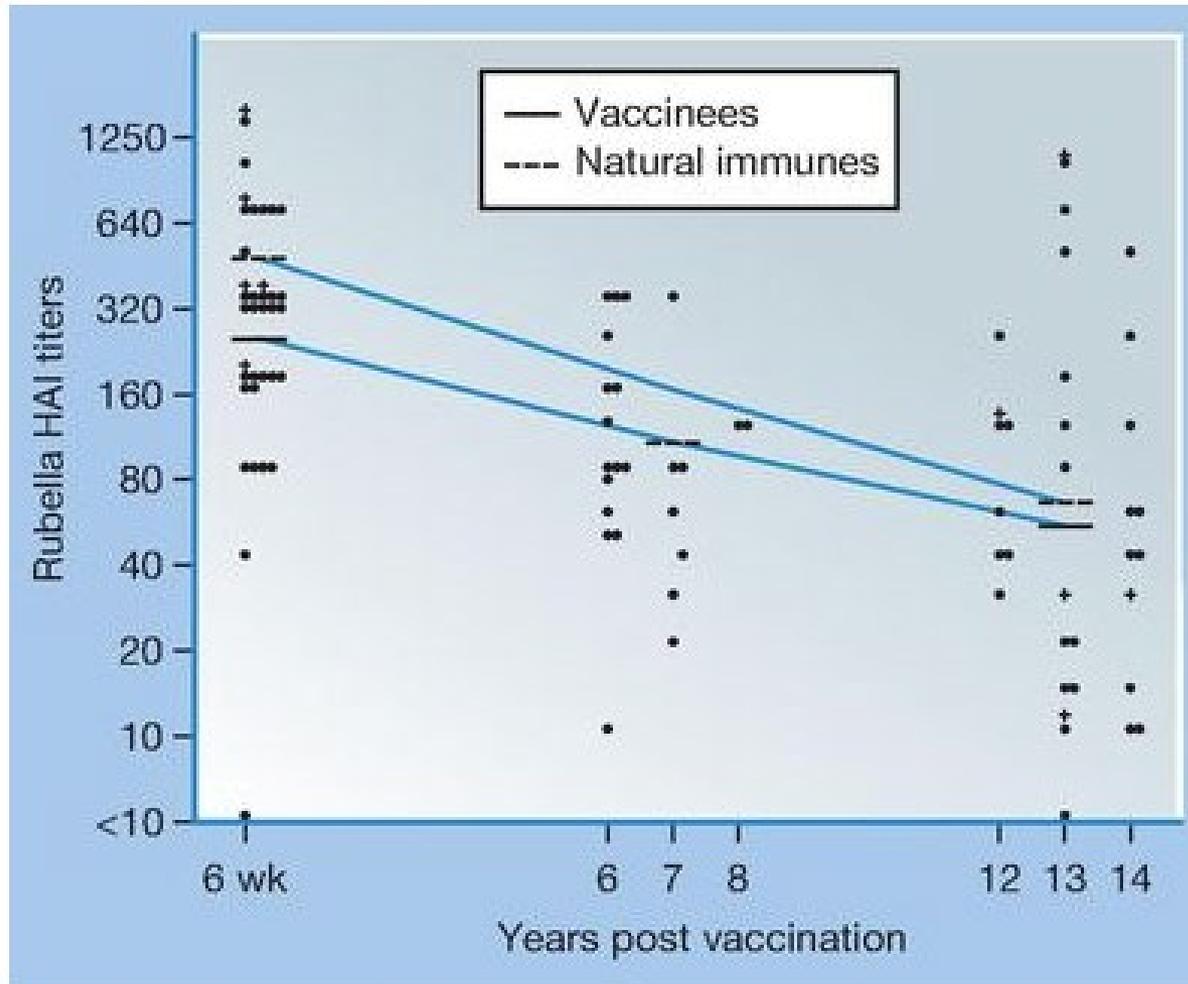
**TABLE 54.14** Persistence of Rubella Antibodies After Vaccination of Seronegative Schoolgirls

<b>Time After Vaccination</b>	<b>Number</b>	<b>% HI Titers <math>\geq 1:8</math></b>	<b>GMT (HI)</b>
8 weeks	486	100	110
2 years	346	99	80
4 years	136	99	53
8 years	486	96	34
16 years	190	94	18

HI, hemagglutination inhibition; GMT, geometric mean (antibody) titer.  
*From Christenson B, Bottinger M. Long-term follow-up study of rubella antibodies in naturally immune and vaccinated young adults. Vaccine. 1994;12:41-45.*



**Demonstration of protection against rubella during an epidemic in a boys' school at the Toyota car factory near Nagoya, Japan**



**Persistence of hemagglutination-inhibiting antibody (HAI) to rubella after natural infection or the administration of RA27/3 vaccine**

**TABLE 54.20** Summary of Data on Vaccination of Unknowingly Pregnant Rubella-Susceptible Women

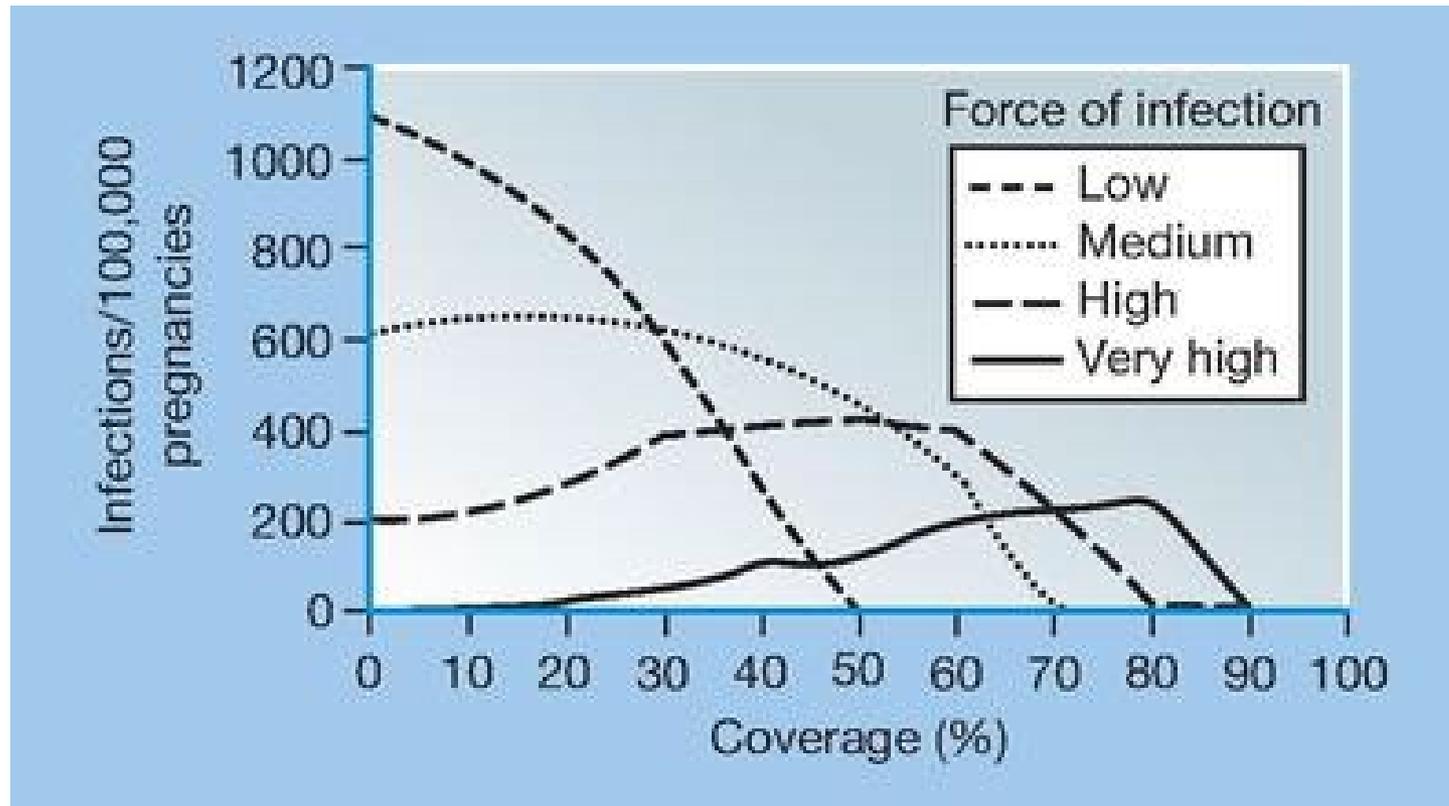
Country	Live Births to Women Receiving Rubella Immunization		
	Within 3 Months Before Conception or During Pregnancy	Evidence of Infection	Abnormalities Compatible With CRS
United States	324 <sup>a</sup>	6/222 (2.7%)	0/324
Germany (West BRD)	280 <sup>a</sup>	3/69 (4.3%)	0/279
Sweden	5 <sup>a</sup>	NK	0/5
United Kingdom	71 <sup>a</sup>	4/52 (7.7%)	0/71
Brazil	1647 <sup>b</sup>	67/1,647 (4.1%)	0/1,647
Ecuador	43 <sup>b</sup>	2/43 (5%)	0/43
El Salvador	59 <sup>b</sup>	1/59 (1.6%)	0/59
Paraguay	119 <sup>b</sup>	0/119	0/119
Iran	117 <sup>c</sup>		0/117
Costa Rica	93 <sup>b</sup>	0/93 (0%)	0/93
Mexico	175 <sup>d</sup>	0/174	0/174
Total	2,933 <sup>e</sup>	83/2,478 (3.3 %)	0/2,931

**TABLE 54.9** Current Manufacturers of Rubella Vaccines

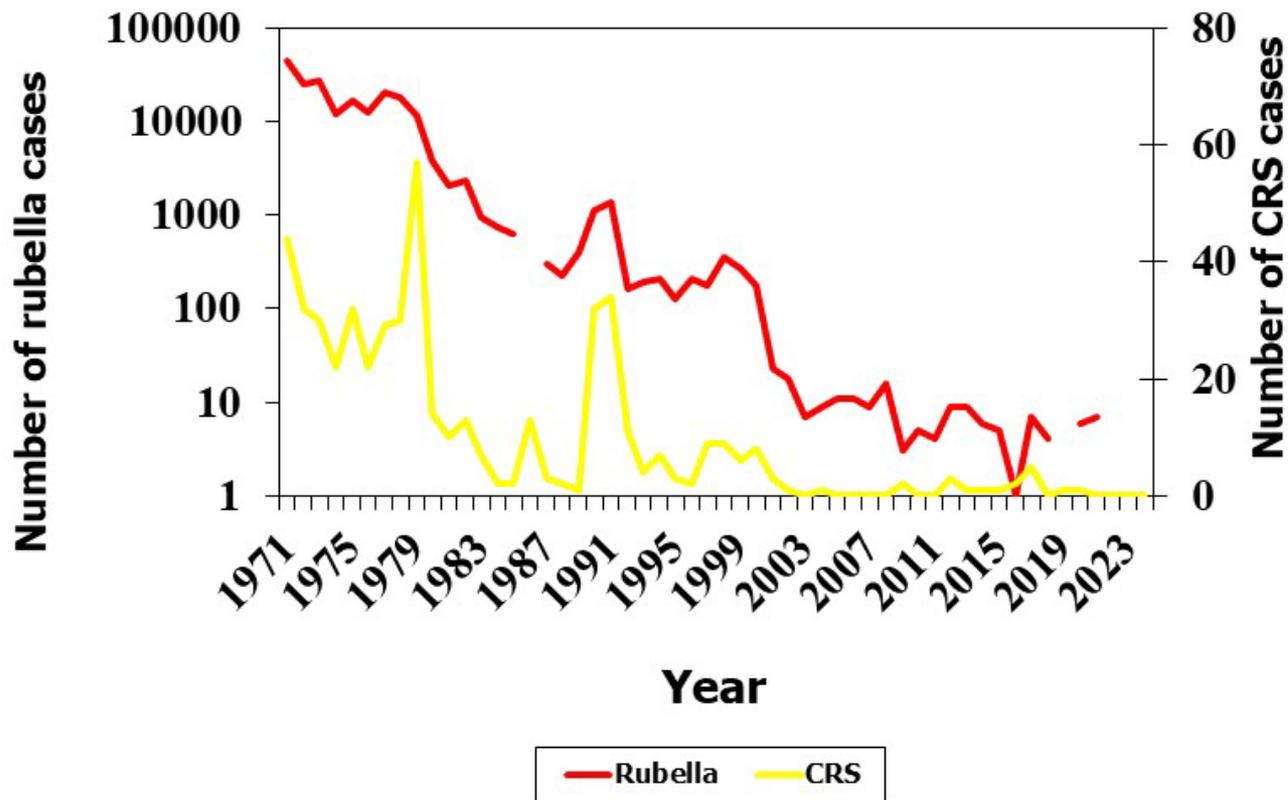
<b>Manufacturer</b>	<b>Virus Strain</b>	<b>Cell Substrate</b>
Merck (United States)	RA27/3	HDGS
GlaxoSmithKline–RIT (Belgium)	RA27/3	HDGS
Sanofi Pasteur (France)	RA27/3	HDGS
Serum Institute of India	RA27/3	HDGS
Kitasato Institute (Japan)	Takahashi	Rabbit kidney
Biken (Japan)	Matsuura	Quail embryo fibroblast
Takeda Chemical Industries (Japan)	TO-336	Rabbit kidney

HDGS, human diploid cell strain.

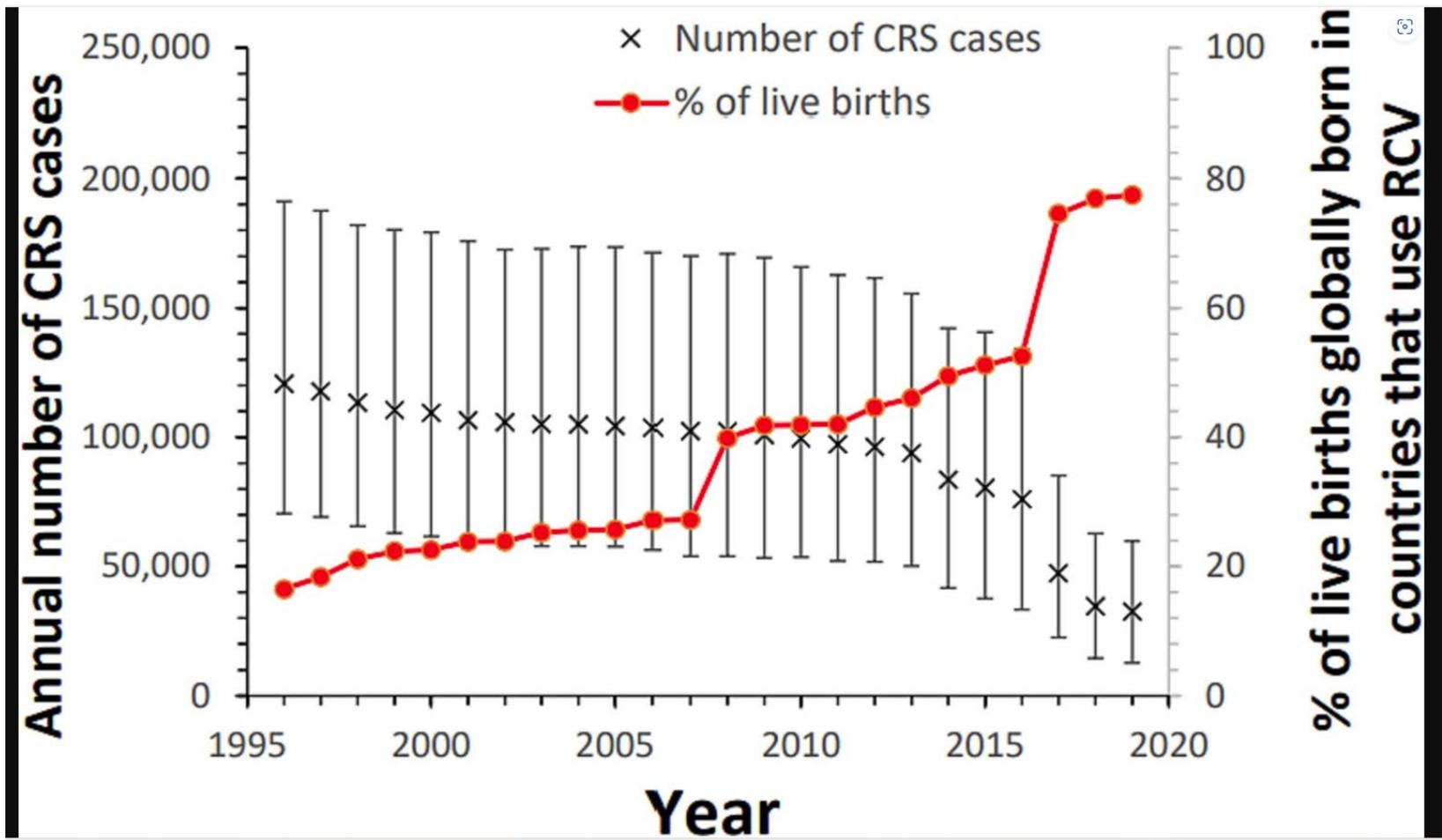
*Modified from Perkins FT. Licensed vaccines. Rev Infect Dis. 1985;7:S73–S76.*



**Predicted long-term effect of coverage by rubella vaccination of infants on the incidence of congenital rubella syndrome (CRS) according to the force of infection in a given population.** (Courtesy Nigel Gay, Consultant, Berkshire, UK)



**Reported routine coverage (2004–2024), time frame of campaigns conducted, and reported rubella cases (1982–2024), region of the Americas. PAHO, Pan American Health Organization; WHO, World Health Organization.**

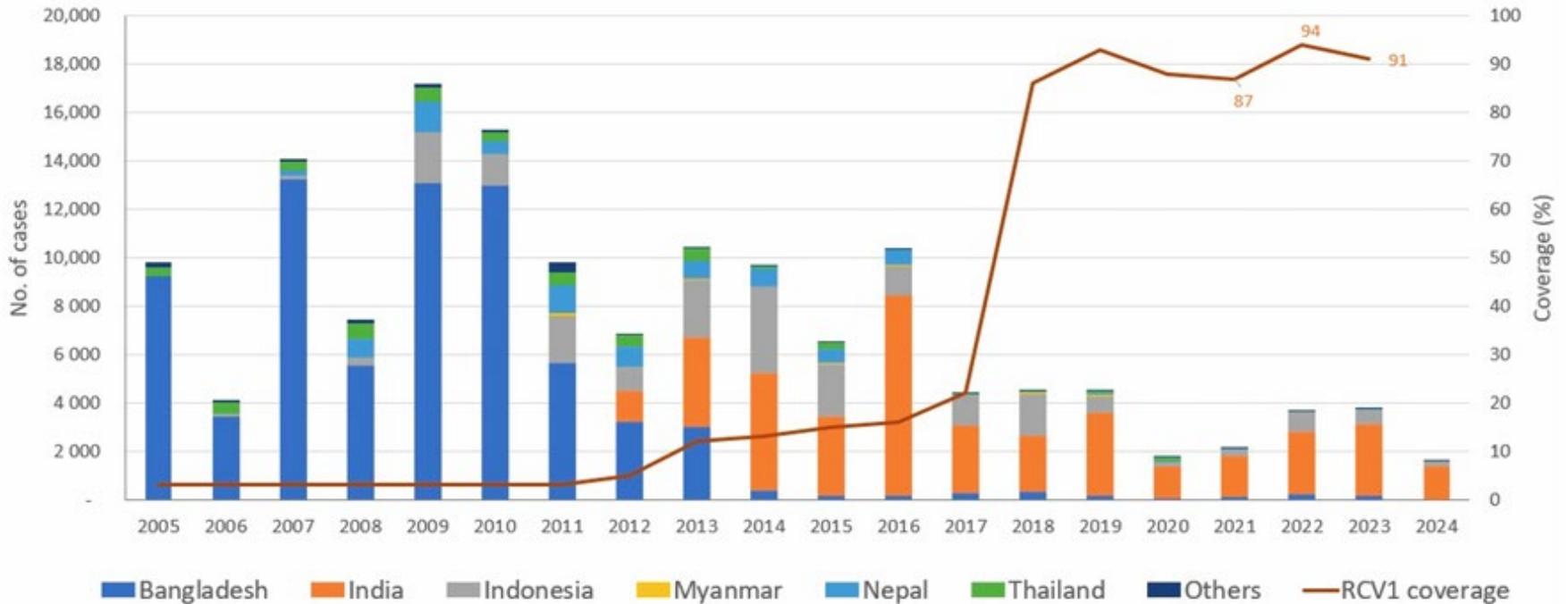


Reef SE, et al. *Vaccine*. 2023 Dec 7;41(50)

## Estimated number of pregnant women aged 16-39 years Infected with rubella infection in a year in India

Age-Group (Years)	Estimated number of women aged 16-39 years	Annual Expected Births	Number of Births to Rubella susceptible women	Estimated number of pregnant women infected with Rubella per year (95% CI)
16-19	48,712,691	594,295	84,925	11,874 (11,734,11981)
20-24	59,089,941	7,262,154	1,321,712	106,491 (103,769,108,823)
25-29	54,952,542	8,045,052	1,381,335	83,487 (80,080,86542)
30-34	48,218,732	4,566,314	666,225	33,535 (31,663,35,262)
35-39	46,338,709	1,709,898	347,280	8,887 (8,260,9,479)
<b>Total</b>	<b>257,312,615</b>	<b>22,177,713</b>	<b>3,801,478</b>	<b>244,275</b> <b>(235,506,252,087)</b>

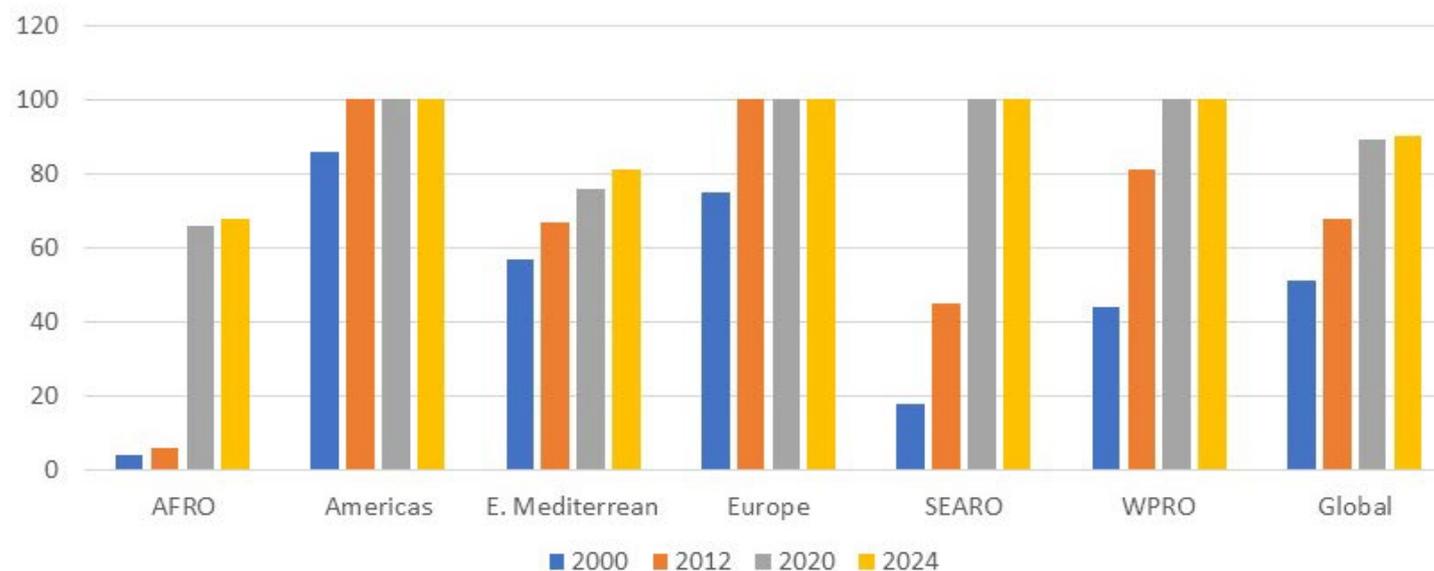
# Number of reported rubella cases in Southeast Asia



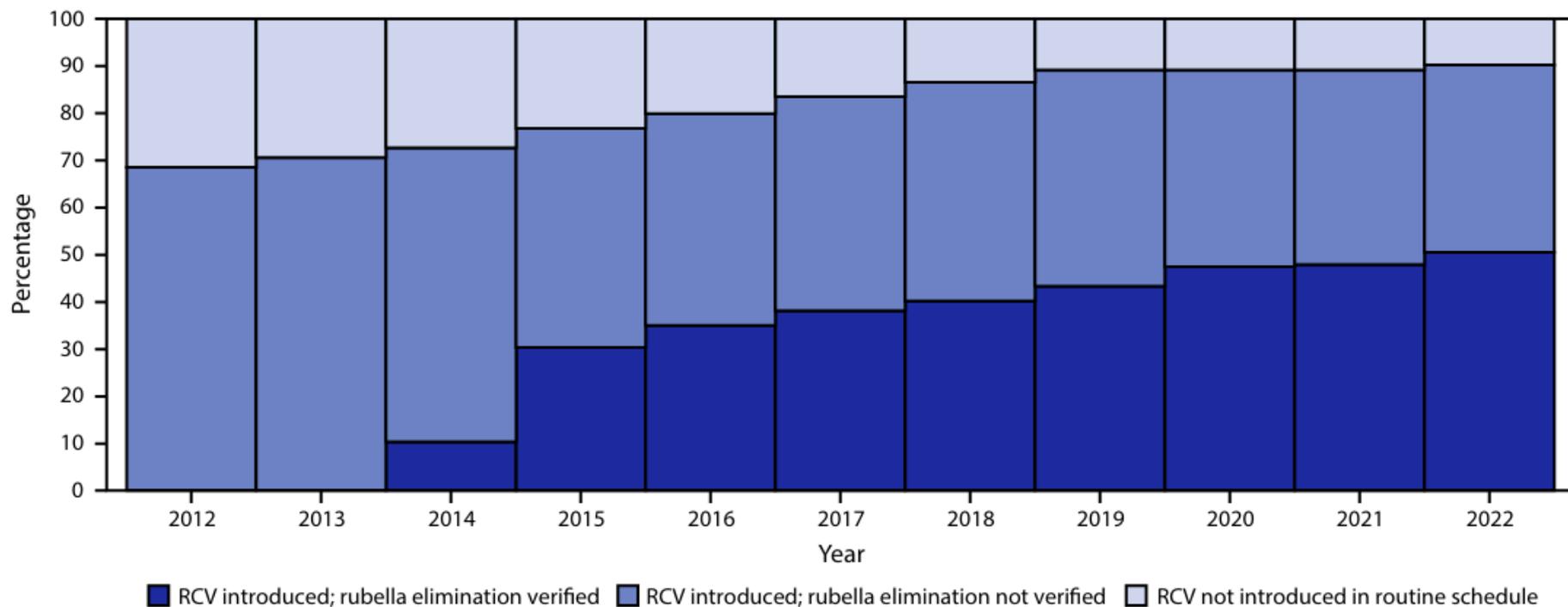
Source: WHO/UNICEF coverage estimates , July 2024 and WHO /UNICEF JRF; Rubella cases from JRF 2000-2024

Khanal S, et al. *Vaccines* (Basel). 2024 Sep 25;12(10)

## Percentage of member states by World Health Organization (WHO) region, with routine rubella vaccination, 2020



**FIGURE 1. Percentage of World Health Organization countries that introduced rubella-containing vaccine into the routine immunization schedule and the percentage with verified rubella elimination, by year (N = 194) — worldwide, 2012–2022**

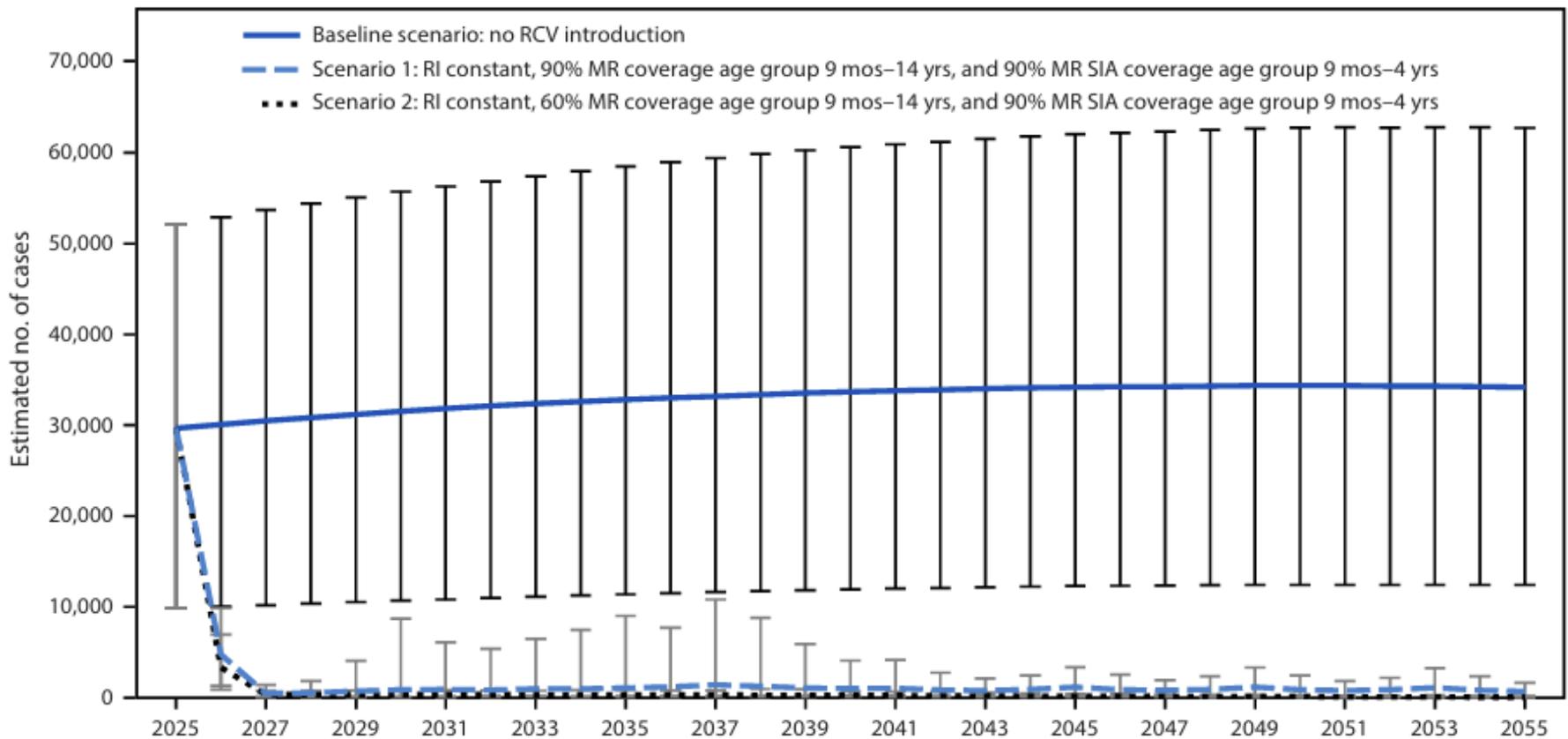


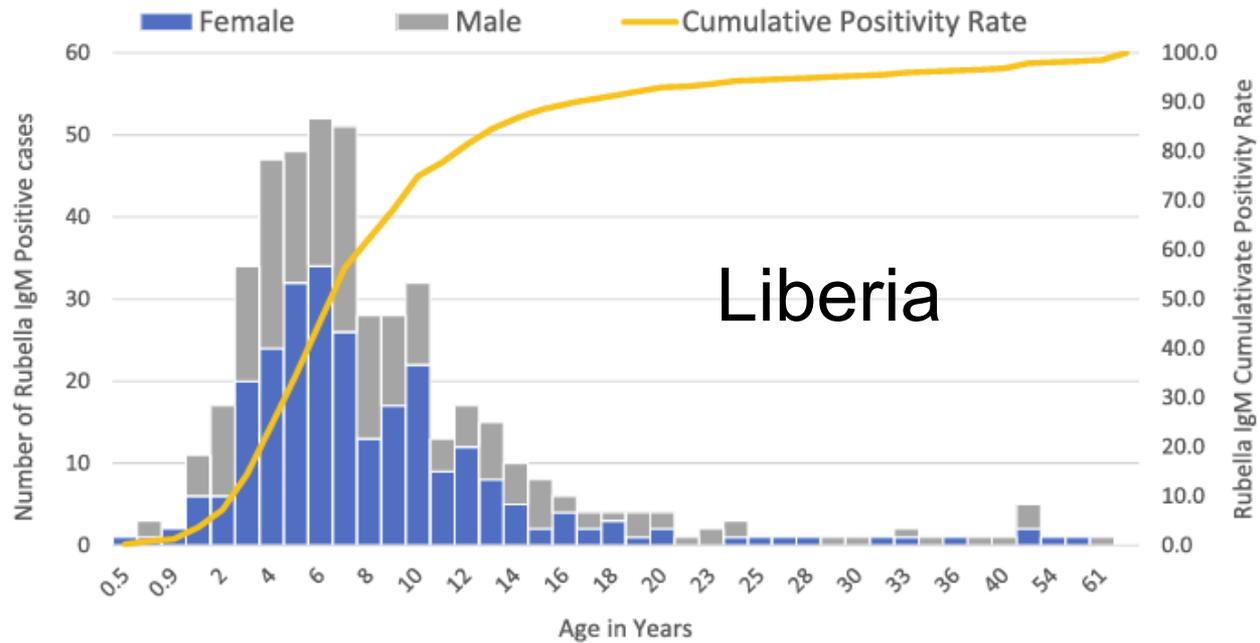
**Abbreviation:** RCV = rubella-containing vaccine.

Table 1. The status of rubella elimination by region - August 31, 2023.

<b>Region</b>	<b>Member States</b>	<b>Eliminated (Verified)</b>	<b>% Verified</b>	<b>Endemic</b>	<b>Not Classified</b>
<b>AFR</b>	47	0	0%	47	0
<b>AMR</b>	35	35	100%	0	0
<b>EMR</b>	21	4	19%	17	0
<b>EUR</b>	53	50	94%	0	3
<b>SEAR</b>	11	5	45%	5	1
<b>WPR</b>	27	5	19%	22	0
<b>GLOBAL</b>	194	99	64%	92	4

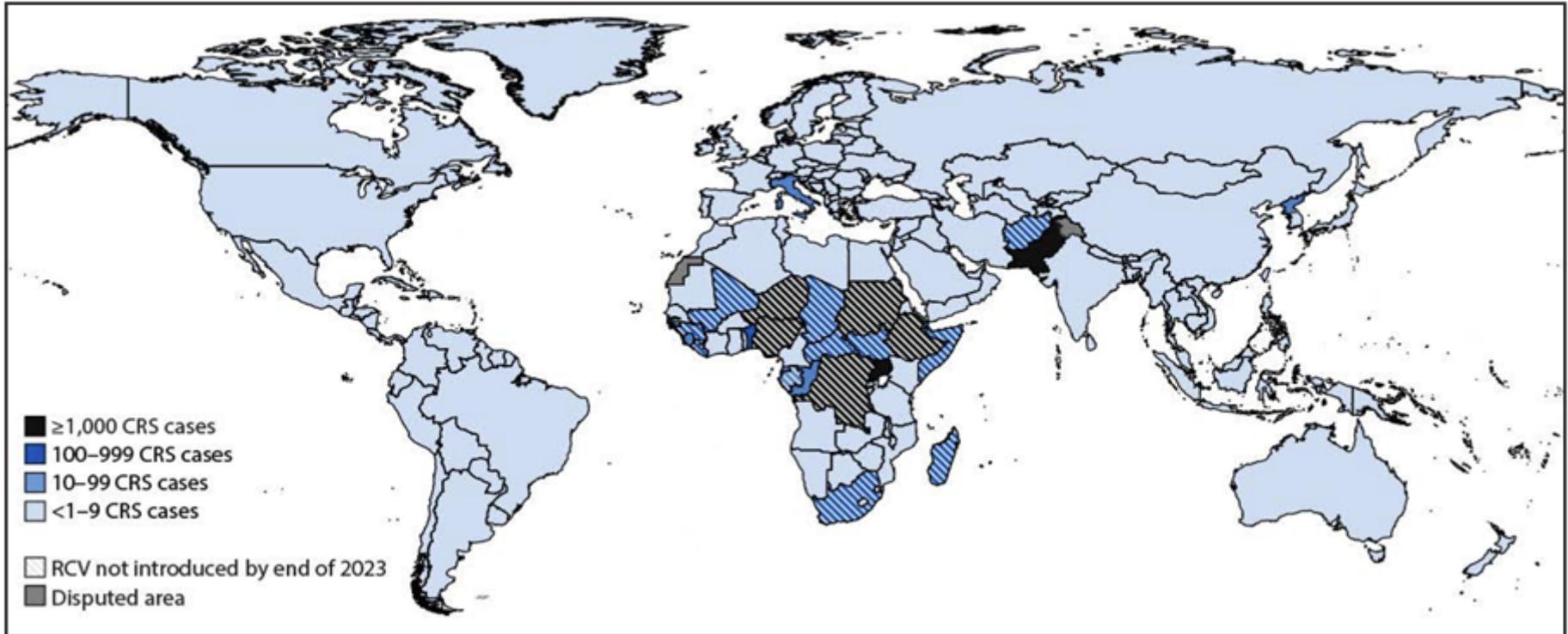
# Estimated number of annual congenital rubella syndrome cases with rubella vaccine introduction and in the absence of rubella vaccine introduction – 19 countries, 2025-2055





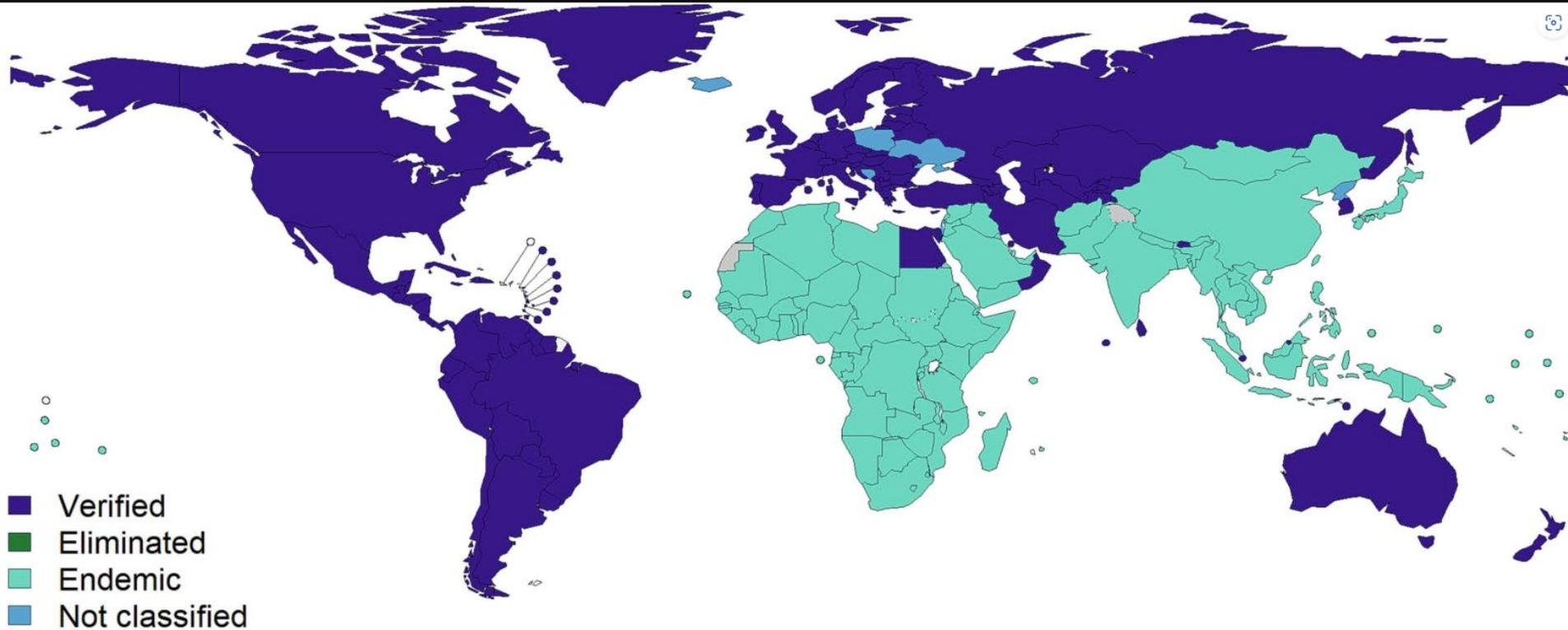
**Fig. 1** Frequency of laboratory-confirmed rubella-specific immunoglobulin M antibody testing result by age and sex with a cumulative age distribution curve, 2017–2018, Liberia, N = 472 (6 months to 61 years old)

# Estimated number of congenital rubella syndrome cases, 2019 and introduction of rubella-containing vaccine, by country, 2023 - worldwide



Lebo, E., et al. *MMWR*, May 2025, 74:18

# Status of Rubella Elimination



Map production: World Health Organization, WHO, 2023. All rights reserved  
Data source: IVB Database

**Disclaimer:**

The boundaries and names shown and the designations used on this map do not imply the expression of any opinion whatsoever on the part of the World Health Organization concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.