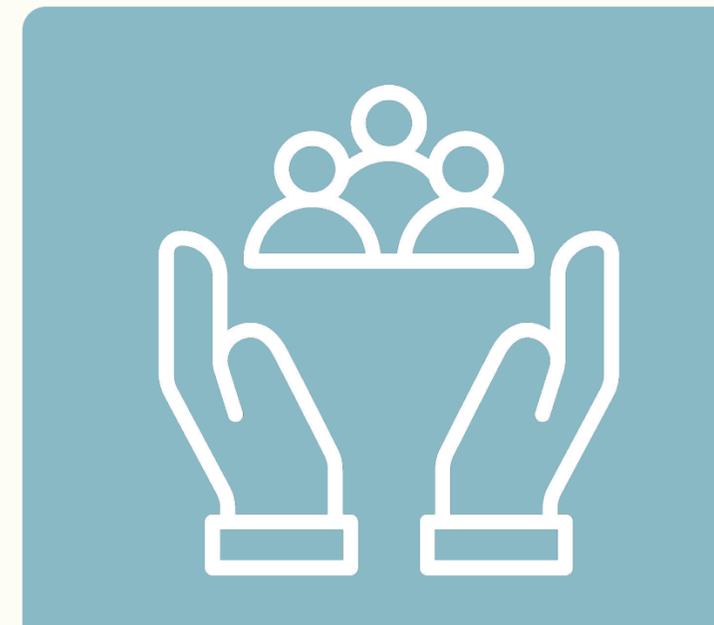
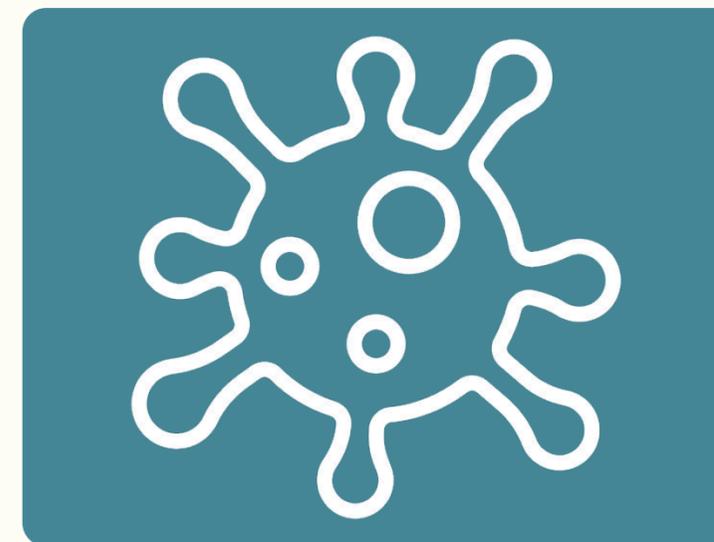
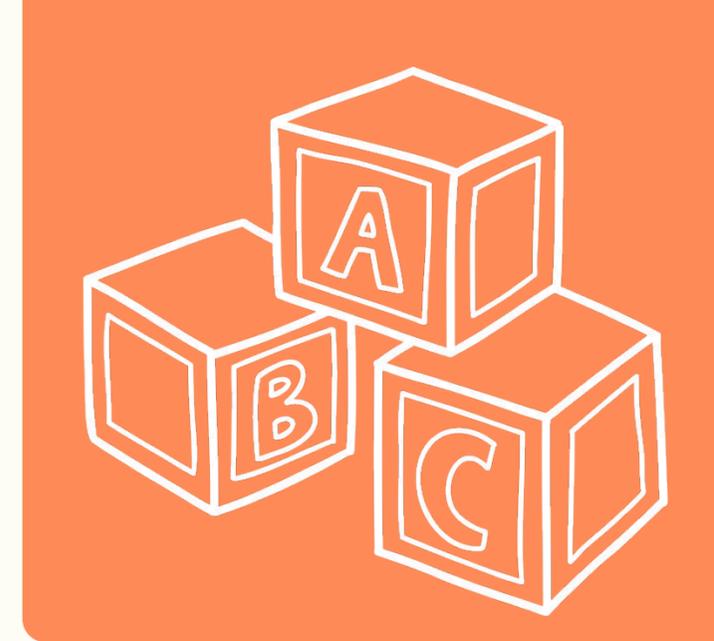
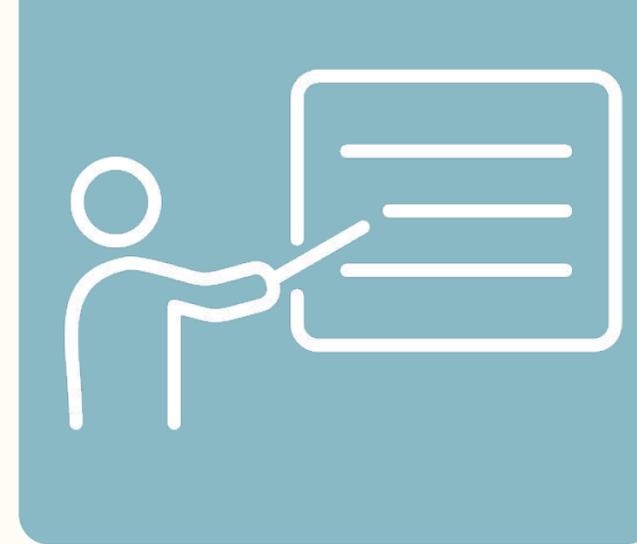


CMV Conference | September 8, 2025

Beyond the Diagnosis

**Opportunities for Early Interventionists
to Support Children with Congenital
CMV and Their Families**

Jess Moen
MN EHDI Statewide Specialist

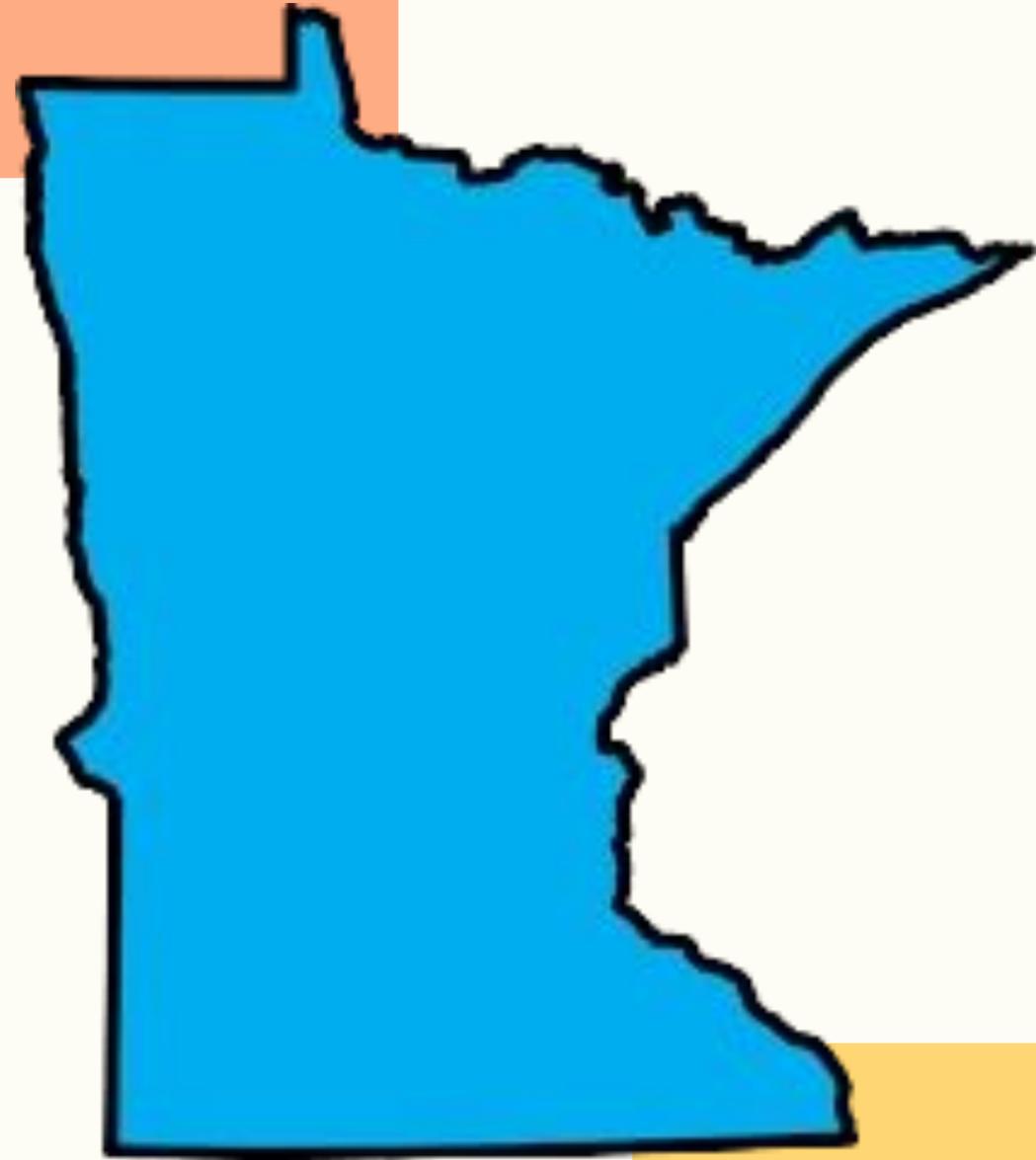


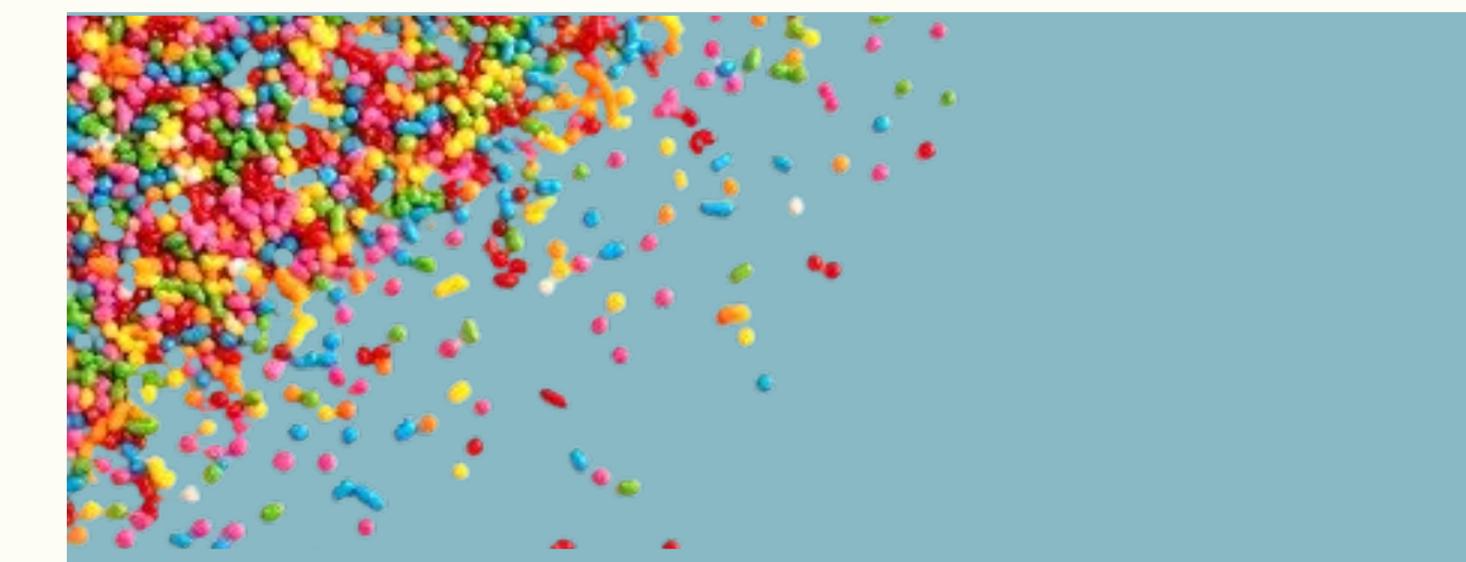
Presentation Goals

- Highlight activities used in Minnesota to increase awareness and knowledge about congenital CMV with educators.
- Share practical strategies for incorporating information about congenital CMV in a child's Individualized Family Service Plan (IFSP) or Individualized Educational Plan (IEP).
- Showcase examples of Minnesota early intervention teams who are working to provide appropriate supports and service delivery to meet the unique needs of children with congenital CMV.



Screening and Part C Services in Minnesota





Learning Sprinkles

Activities Minnesota has used to increase educators' awareness and knowledge of congenital CMV.

Variety of learning opportunities and styles

- Independent learning
- Large group learning
- Synchronous learning
- Asynchronous learning
- Sharing with colleagues
- Reading
- Videos/presentations



Congenital CMV 101 Packet



A presentation created for individuals to use to share awareness and information about Congenital Cytomegalovirus (cCMV) with educators. Includes:

- What is congenital CMV and why is it important
- Minnesota and congenital CMV
- Minnesota parent stories
- Inclusion
- Continued monitoring
- IFSP or IEP considerations, including an impact statement

Webinars



Two-part webinar series (1 hour each) which was offered live 2024 and is now available either as a recording or an online learning course.

- Webinar #1: All Hands on Deck! Supporting the Development of Children with Congenital CMV with Dr. Megan Pesch
- Webinar #2 All Aboard! Impacts of Congenital CMV in Early Childhood Special Education in Minnesota



Webinars Feedback

This is the best webinar I have been to for a while! Lots of useful information packed into an hour!

**Fabulous class and speakers!
Thank you for sharing this critical and timely information.**

It was very helpful to hear from parents their experiences with early intervention.



Remedies for Sorrow

Book Study



“Remedies for Sorrow An Extraordinary Child, A Secret Kept from Pregnant Women, and a Mother’s Pursuit of the Truth,” by Megan Nix

- Created with the purpose of supporting educational practitioners in Minnesota to learn more about congenital CMV and its potential impact on children and families.
- Book study guide
- Asynchronous, online, course (offered Spring 25’)



Book Study Feedback

I loved the extended learning for gaining real-life, accessible resources and stories.

I read the audiobook and loved listening to Megan tell the story herself. I was able to transport myself into the story with her.

I will be sharing resources with my colleagues who work in early education!

Bridging into Implementation

Strategies for IFSP/IEPs to document information of diagnosis and potential impact.

- Automatic eligibility for Part C Services in MN
- Continued developmental monitoring in Part C
- Consistently documenting Congenital CMV on every IFSP/IEP
- *Impact statement in the IFSP/IEP
- Inclusion (not excluding children with congenital CMV from educational settings)



Impact Statement

Importance for all Part C service providers to be aware of congenital CMV possible impacts:

- Awareness of how cCMV might affect a child
- Awareness of how cCMV might manifest over time
- Awareness of how a cCMV diagnosis could be impacting the child's caregiver(s)
- Importance of quality monitoring of all areas of development to quickly address any areas of need if they arise
- Practitioners share relevant information in a timely manner with caregivers and connect to resource and other families



Example:

Impact Statement

[Name] was born with congenital cytomegalovirus (cCMV), which is a viral infection [he/she] caught in utero. Children with congenital CMV are at higher risk of developmental delays and differences due to the virus impacting their in - utero development. Some of the effects of congenital CMV on a child's development can be apparent early in infancy, whereas other impacts may appear later on in childhood. In [name] case, they have the following apparent impacts of congenital CMV: [list known impacts]. Children with congenital CMV are also at greater risk of developing new onset or progressive hearing loss, autism spectrum disorder, and learning difficulties that may not be apparent early in life. Of note, children with congenital CMV have lower rates of 'success' with using Listening and Spoken Language strategies only, therefore multimodal language learning strategies are paramount.



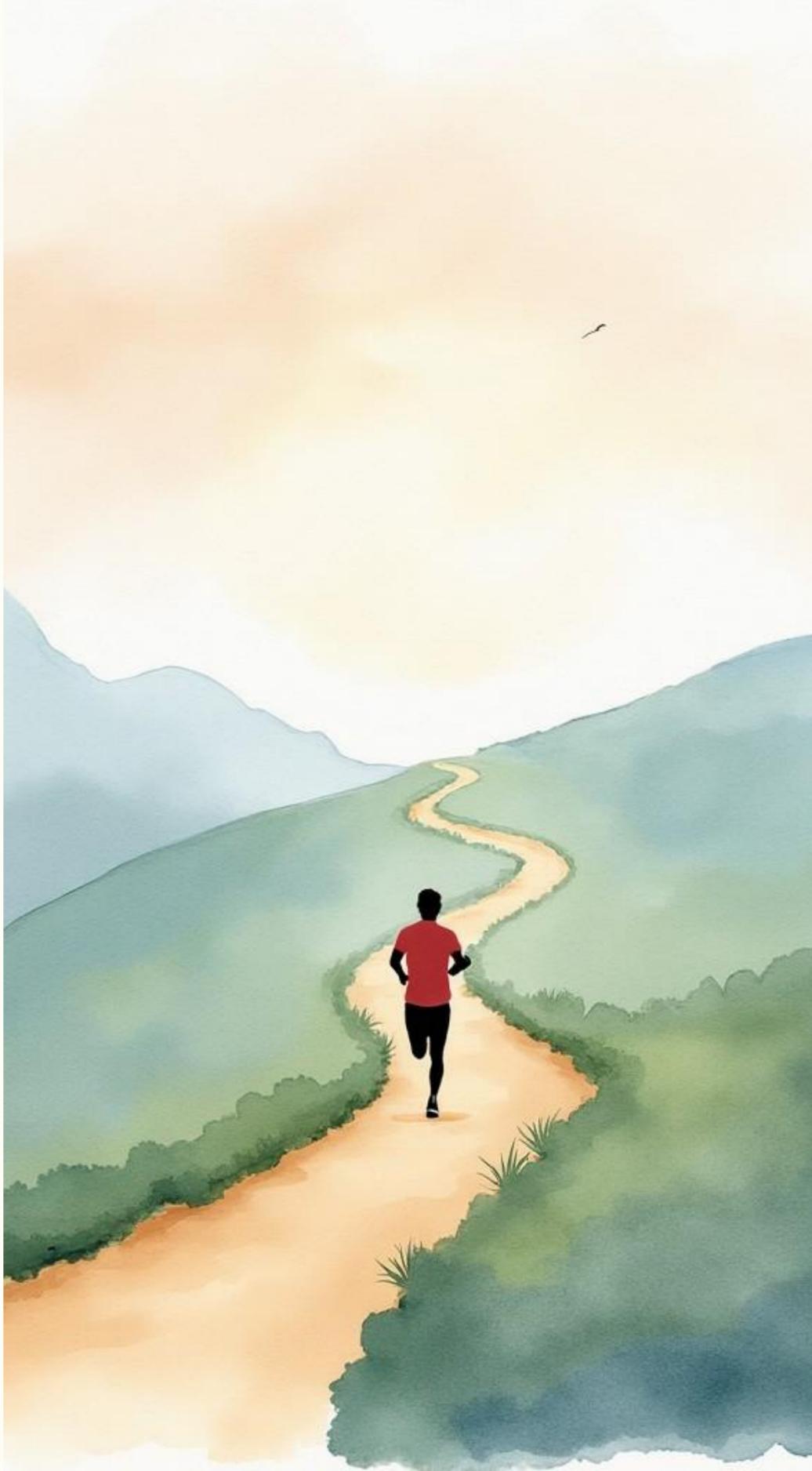
Example:

Impact Statement

Listing Known Impacts

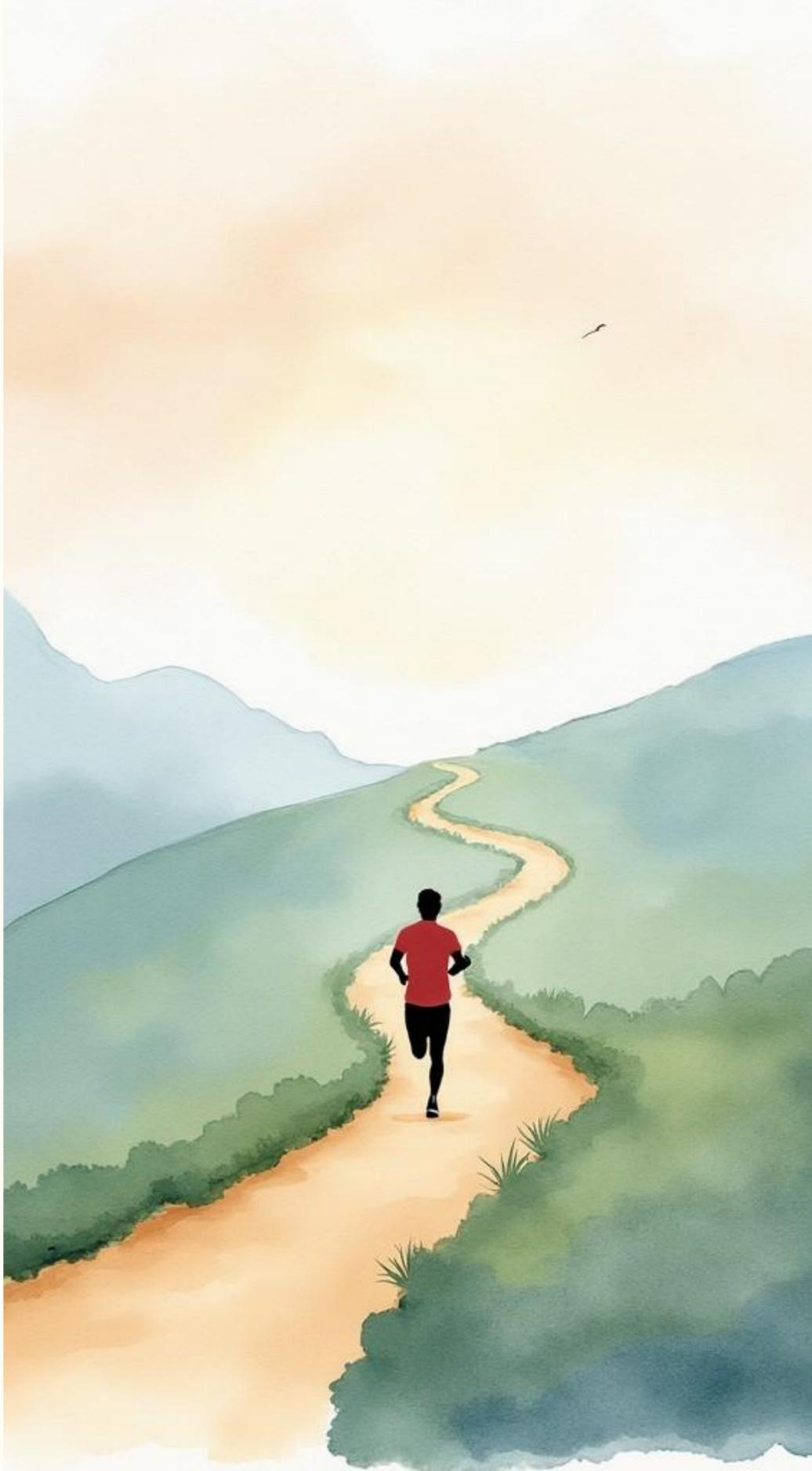
- [Name's] speech and language delays impact their ability to communicate and express themselves effectively.
- [Name's] hearing difference impacts their ability to understand and follow verbal instructions in the classroom.
- [Name's] hearing difference impacts their ability to naturally acquire language through implicit learning of what is happening around them.
- [Name's] vision loss impacts their ability to navigate within spaces.





MN Educators In the Field

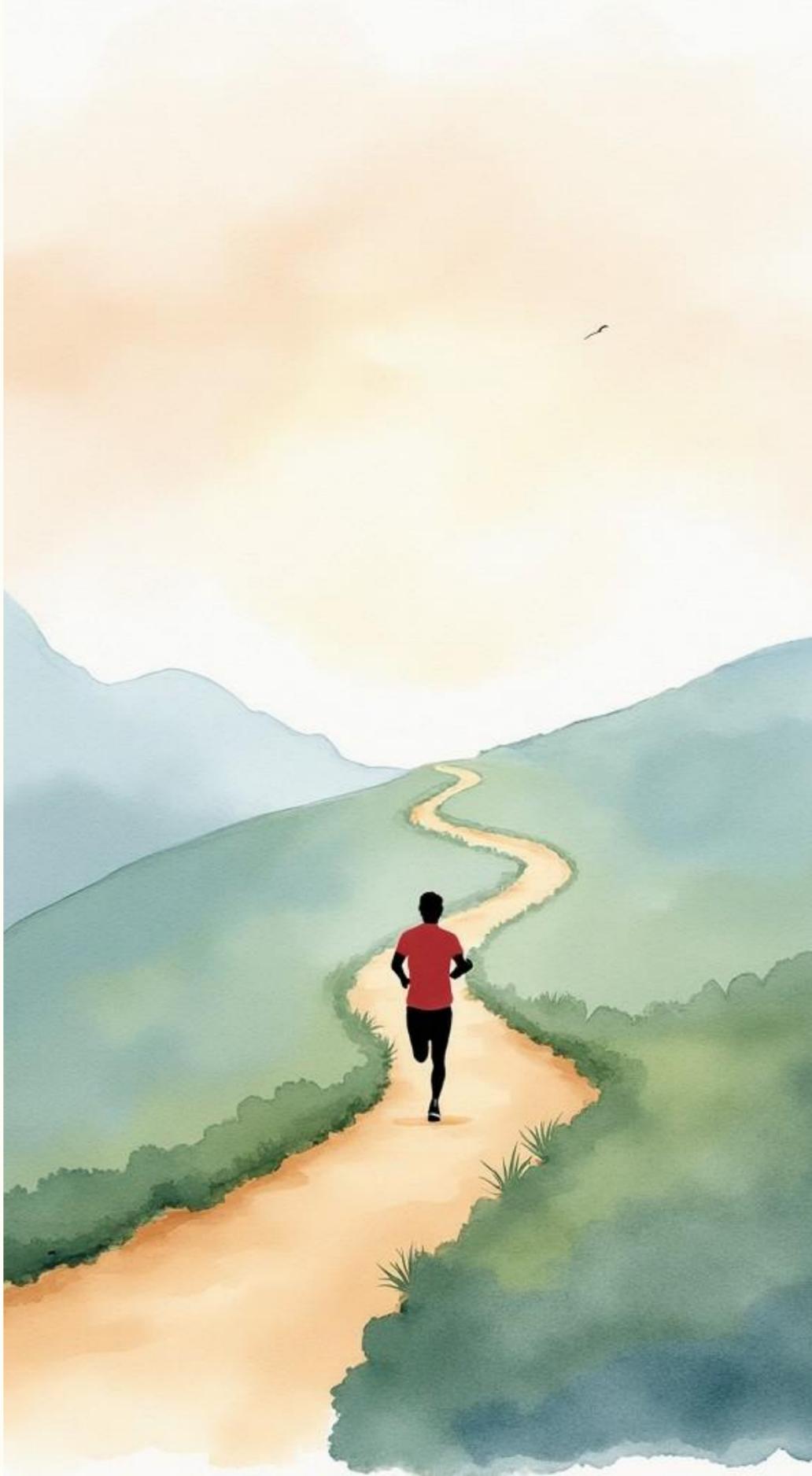
- Hearing screenings
- Services for asymptomatic children
- Communication Options



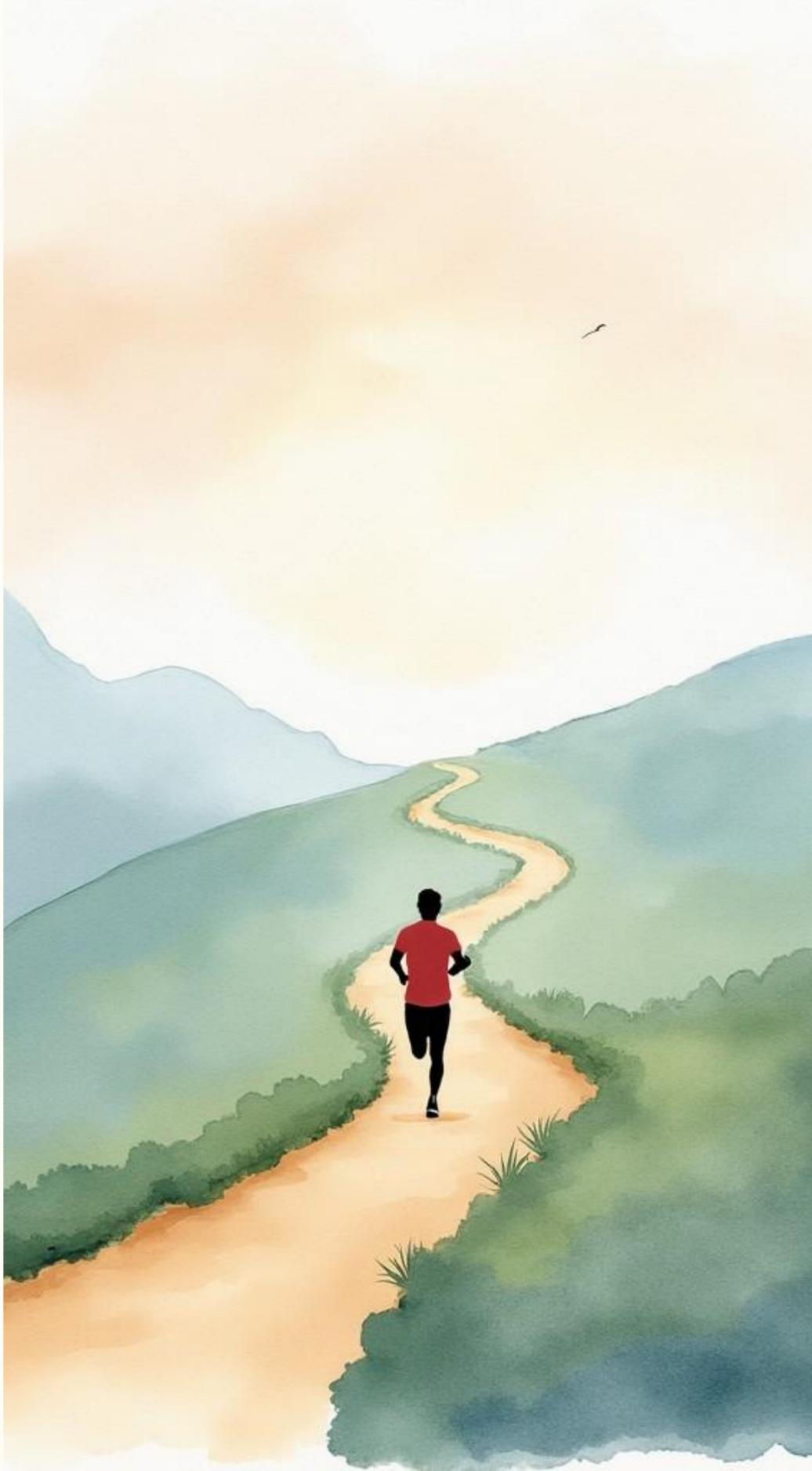
Hearing Screenings

Part C Services

Asymptomatic cCMV



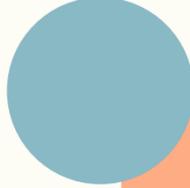
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Communication Options



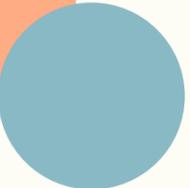
Key TakeAways



**Sprinkle in
Learning**
about Congenital
CMV to
Educators

**Bridge into
Implementation**
specific practices

**In the Field,
Support Children
and Families**





Jess Moen

MN Statewide Specialist Early Hearing
Detection & Intervention (EHDI)

MN Low Incidence Projects

jess.moen@brightworksmn.org



Presentation Resources

Webpage: Minnesota Low Incidence Projects: Congenital Cytomegalovirus

<https://mnlowincidenceprojects.org/cCMV/index.html>

- Congenital CMV Packet 101
- Remedies for Sorrow Book Study Guide
- Webinars

Video: Parent Story - Part C Services Asymptomatic Congenital CMV (Jess)

<https://youtu.be/gkBgi1Tp-JU>